



Navigating The Art and Science of Change



## InnerChange®

Helping Women Transform Their Lives From the Inside Out

### The Art of Communication – Powerful Speaking for Powerful Results

Lillian Zarzar

September 17, 2008 - 8:30- 12:00 noon

The Depot – 919 Old Henderson Road, Columbus, OH 43220

#### The Seminar

Have you ever thought about what you wanted to say and when the words came out they were not the ones in your head? Did you notice that an hour later you have a brilliant response?

The art of powerful speaking takes practice, perseverance and persistence.

#### Key Topics:

What is the message in the mind of the receiver?  
Is the message you sent the one you intended them to receive?  
How are you coming across when you speak? What impressions do others have?  
Are you being heard in your conversations?  
Are you misunderstood?  
Are you sending mixed messages?

The key to communicating effectively is clarity.

Words, syntax, voice quality are components of powerful speaking. In addition, your vocal, visual and verbal communications are congruent when you are communicating effectively.

- You may not hear the lilt in the voice, the up-note at the end of the sentence, the higher pitched sound that comes out when you are feeling nervous.
- You may not recognize that your gestures are distracting as you speak.
- You may use a word you understand yet it creates doubt in the mind of your receiver.



Lillian Zarzar

Lillian Zarzar, MA, CSP, is an international speaker, consultant, and author whose ideas inspire those who are ready for personal transformation.

She is the founder and owner of MINDSHIFT<sup>sm</sup>, a Columbus, Ohio based international company. For the last fifteen years she has devoted herself to assisting individuals and organizations in gaining clarity and focus in goals, developing more confidence and assertion, and creating a conducive environment for personal and professional productivity.

#### Benefits:

In this session you will obtain tools to help you:

- Use words correctly to create clarity in your message...
- Articulate well so that you are understood...
- Develop your voice quality...
- Recognize your rambling and how to stop it...
- Identify tentative language to avoid...

Cost - \$99 covers seminar cost, continental breakfast, breaks, session materials and InnerCircle networking package.

For more information go to [www.ncompass-consulting.com](http://www.ncompass-consulting.com) or [www.The-Depot.org](http://www.The-Depot.org)

**SPACE IS LIMITED – Register TODAY!**